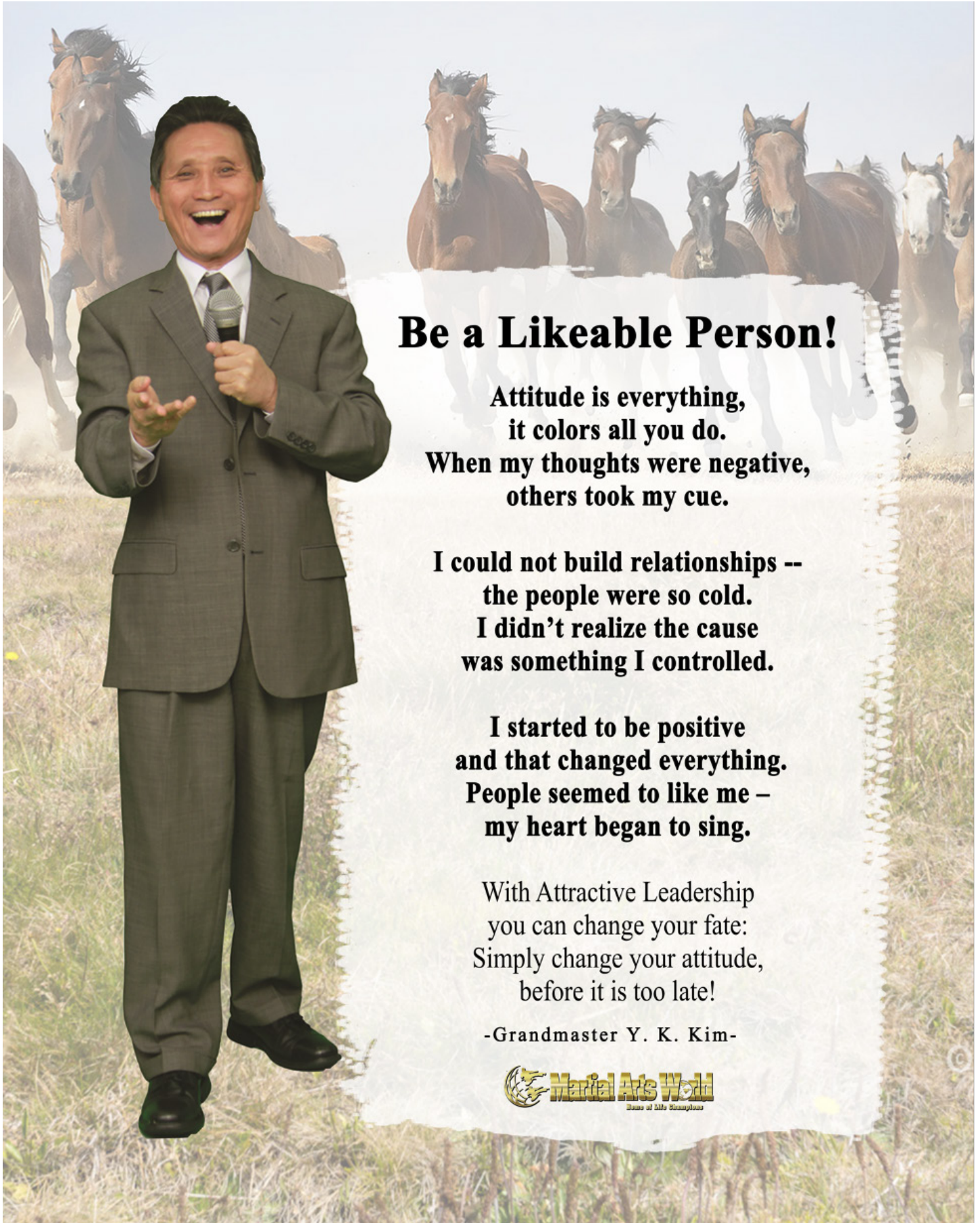


April 5-11, Theme of the week



Be a Likeable Person!

**Attitude is everything,
it colors all you do.
When my thoughts were negative,
others took my cue.**

**I could not build relationships --
the people were so cold.
I didn't realize the cause
was something I controlled.**

**I started to be positive
and that changed everything.
People seemed to like me --
my heart began to sing.**

With Attractive Leadership
you can change your fate:
Simply change your attitude,
before it is too late!

-Grandmaster Y. K. Kim-



April 5-11: Review & Super Expo Rehearsal

5-Monday: Rehearsal Super Expo

6-Tuesday: Review

7-Wednesday: Rehearsal Super Expo

8-Thursday: Review

9-Friday: Rehearsal & prepare Super Expo

10-Saturday: Super Expo !!

11-Sunday: Self-practice: Natrual Meditation-
Power Exercise- Basic

1. Tip testing: White Tip: Breaking / Yellow Tip: Poom-Se / Green Tip: Self-Defense / Purple
Tip: Philosophy

2. MOTIVATION: Theme of the week / NEW- information