

Sep 6-12, Theme of the week



Look Like Successful People!

There's more to you than meets the eye,
that changes what you see:
The way you apprehend the world
will change what you will be.

**When you look with just one eye,
your bias will control:
You only see your point of view,
and cannot see the whole.**

When you look with both your eyes,
assessments can be thin;
you only see the surface view
and not the depth within.

**Your third eye gives you X-ray vision
to see the truth inside
and help you make the right decision
and be your lifetime guide.**

-Grandmaster Y. K. Kim-



Sep 6-12: Review & Super Expo Rehearsal

6-Monday: Rehearsal Super Expo

7-Tuesday: Review

8-Wednesday: Rehearsal Super Expo

9-Thursday: Review

10-Friday: Rehearsal & prepare Super Expo

11-Saturday: Super Expo !!

**12-Sunday: Self-practice: Natrual Meditation-
Power Exercise- Basic**

1. Tip testing: White Tip: Breaking / Yellow Tip: Poom-Se / Green Tip: Self-Defense / Purple Tip: Philosophy

2. MOTIVATION: Theme of the week / NEW- information