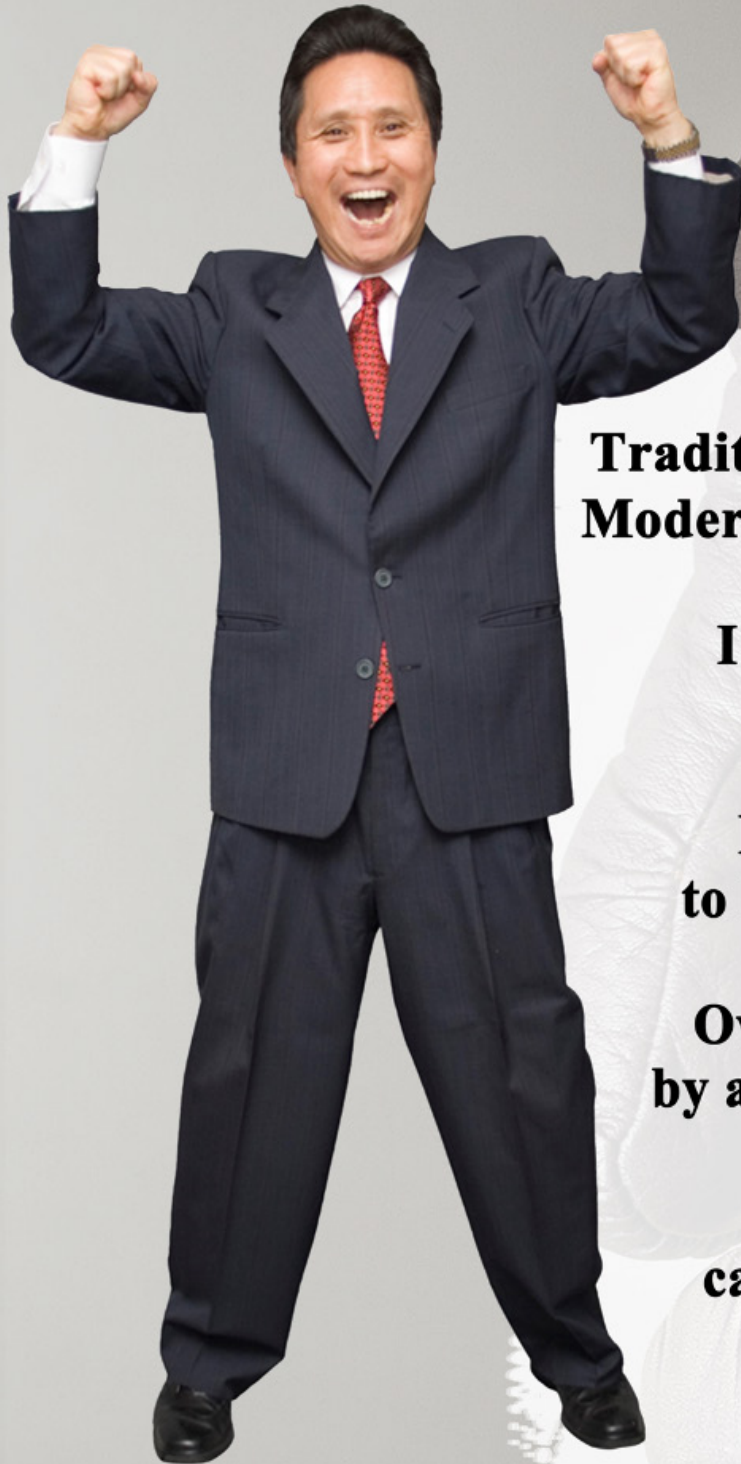


**Dec 6-12, Theme of the week**



**Traditional Genius = High IQ!  
Modern Genius = Being Crazy!**

**I'm proud to be crazy.  
I hate to be lazy.**

**I always fight within  
to help my good side win.**

**Overcome your negative  
by always thinking positive.**

**Even a beginner,  
can think like a winner.**

**-Grandmaster Y. K. Kim-**



# **Dec 6-12: Review & Super Expo Rehearsal**

**6-Monday:** Rehearsal Super Expo

**7-Tuesday:** Review

**8-Wednesday:** Rehearsal Super Expo

**9-Thursday:** Review

**10-Friday:** Rehearsal & prepare Super Expo

**11-Saturday: Super Expo !!**

**12-Sunday: Self-practice: Natrual Meditation-  
Power Exercise- Basic**

1. Tip testing: White Tip: Breaking / Yellow Tip: Poom-Se / Green Tip: Self-Defense / Purple Tip: Philosophy

2. MOTIVATION: Theme of the week / NEW- information