

Sep 20-26, Theme of the week

# The 7 Ways to be a Modern Leader

-Change your life to change the world-

## 1. Be a **Self Leader**

*Take charge of your life.*

## 2. Be an **Attractive Leader**

*People will like you.*

## 3. Be a **Necessary Leader**

*People will need you.*

## 4. Be a **Network Leader**

*People will support you.*

## 5. Be a **Corporate Leader**

*You can be a powerful CEO.*

## 6. Be a **Public Leader**

*You can be a historical politician.*

## 7. Be a **Global Leader**

*You can lead the world.*



Modern leadership empowers you to have personal freedom and personal ability. You can achieve your personal dreams and create a successful future.

-Grandmaster Y. K. Kim-



# Sep 20-26: Advanced Basic & Self-Defense

**20-Monday:** Advanced basic 1

4 styles of MU-DO self-defense

Physical self-defense

**21-Tuesday:** Advanced basic 2

4 styles of JA-YUN self-defense

Mental self-defense

**22-Wednesday:** Advanced basic 3

4 styles of PYUNG-HWA self-defense

Moral self-defense

**23-Thursday:** Advanced basic 1-2-3 - Falling / Financial self-defense

**24-Friday:** Advanced basic2

4 styles of MU-DO-JA-YUN-PYUNG-HWA

Life self-defense

**25-Saturday:** Black Belt & Instructor Club class

Basic class (all belt including white belt)

DEMO Team class

**26-Sunday:** Self-practice: Natural Meditation-

Power Exercise-Basic

1. Tip testing: White Tip: Breaking / Yellow Tip: Poom-Se / Green Tip: Self-Defense / Purple Tip: Philosophy

2. MOTIVATION: Theme of the week / NEW- information